# Amine-Functionalized Lanthanide-Doped Zirconia Nanoparticles: Optical Spectroscopy, Time-Resolved Fluorescence Resonance Energy Transfer Biodetection, and Targeted Imaging 

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## S Supporting Information


#### Abstract

Ultrasmall inorganic oxide nanoparticles doped with trivalent lanthanide ions $\left(\mathrm{Ln}^{3+}\right)$, a new and huge family of luminescent bioprobes, remain nearly untouched. Currently it is a challenge to synthesize biocompatible ultrasmall oxide bioprobes. Herein, we report a new inorganic oxide bioprobe based on sub- 5 nm amine-functionalized tetragonal $\mathrm{ZrO}_{2}-$ $\mathrm{Ln}^{3+}$ nanoparticles synthesized via a facile solvothermal method and ligand exchange. By utilizing the long-lived luminescence of $\mathrm{Ln}^{3+}$, we demonstrate its application as a sensitive time-resolved fluorescence resonance energy transfer  (FRET) bioprobe to detect avidin with a record-low detection limit of 3.0 nM . The oxide nanoparticles also exhibit specific recognition of cancer cells overexpressed with urokinase plasminogen activator receptor (uPAR, an important marker of tumor biology and metastasis) and thus may have great potentials in targeted bioimaging.


## INTRODUCTION

Luminescent inorganic nanoparticles (NPs) doped with trivalent lanthanide ions $\left(\mathrm{Ln}^{3+}\right)$, emerging as a new class of bioprobes and as an alternative to conventional molecular probes such as lanthanide chelates and organic dyes, have attracted growing attention for their potential applications in areas as diverse as biodetection, bioimaging, and theranostics, owing to their superior features such as long photoluminescence (PL) lifetime, high chemical stability, high resistance to photobleaching, and low toxicity. ${ }^{1}$ Hitherto, most of the previous efforts were put on the development of $\mathrm{Ln}^{3+}$-doped inorganic fluoride NPs exemplified by $\mathrm{NaYF}_{4}$ and $\mathrm{NaGdF} \mathrm{H}^{2}{ }^{2}$ Compared to fluoride NPs, $\mathrm{Ln}^{3+}$-doped inorganic oxide NPs are expected to exhibit better photostability and chemical and thermal stability because of their more rigid crystalline environment and higher lattice binding energy, which makes them highly promising as a new and huge family of luminescent bioprobes. However, it is notoriously difficult and thus remains a challenge to synthesize biocompatible bioprobes based on sub- 5 nm oxide NPs. Usually oxide NPs or submicrometer crystals were prepared via coprecipitation followed by calcination or postannealing procedures, which unfortunately often result in large, aggregated, and hydrophobic NPs. ${ }^{3}$ In particular, zirconia $\left(\mathrm{ZrO}_{2}\right)$, possessing low phonon energy ( $470 \mathrm{~cm}^{-1}$ ) and high host absorption coefficient, ${ }^{4}$ is considered as an ideal oxide host for $\operatorname{Ln}^{3+}$ doping to achieve intense long-lived luminescence of $\mathrm{Ln}^{3+},{ }^{5}$ which is the prerequisite for its bioapplications including time-resolved
(TR) fluorescence resonance energy transfer (FRET) biodetection and targeted bioimaging. The TR-FRET assay, which brings together the advantage of near-zero background signal from the TR technique and the separation-free convenience of homogeneous assay from FRET, provides an excellent solution to eliminate the interference of short-lived autofluorescence from cells, tissues, and assay multiwell plate and thus offers remarkably high sensitivity as compared to the conventional FRET. Currently, TR-FRET bioprobes based on $\mathrm{Ln}^{3+}$-doped inorganic NPs are very limited and restricted only to $\mathrm{NaYF}_{4}$ and $\mathrm{KGdF}_{4}$ NPs, ${ }^{6}$ and there is still much room for improvement in the limit of detection (LOD) for biomolecules. As for targeted cancer cell imaging based on luminescent NPs, the key lies in their capability to recognize the specific biomarkers like receptors upregulated by cancer cells. Presently folic acid receptor and $\alpha_{v} \beta_{3}$ integrin receptor are among the most commonly used biomarkers in targeted cancer cell imaging. ${ }^{7}$ Urokinase plasminogen activator receptor (uPAR) overexpressed in a variety of human cancer cells, ${ }^{8}$ as another important type of prognosis marker, has never been explored in NP-based targeted imaging so far. Elevated levels of soluble uPAR in plasma or tumor tissue lysates usually indicate a poor prognosis for patient survival. Therefore, sensitive detection or monitoring of uPAR will have a significant impact on cancer diagnosis and therapy.

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In this work, sub-5 nm amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+} \mathrm{NPs}$ were synthesized through a facile solvothermal method combined with a ligand exchange procedure. By employing the long-lived PL of $\operatorname{Ln}^{3+}$, we demonstrate for the first time the use of oxide NPs $\left(\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}\right)$ as luminescent bioprobes in a TR-FRET assay of avidin with a detection limit down to 3 nM . The use of bioconjugated $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs as a feasible bioprobe for uPAR-targeted cancer cell imaging is also manifested.

## RESULTS AND DISCUSSION

Monodisperse $\mathrm{Ln}^{3+}$-doped $\mathrm{ZrO}_{2}$ NPs were synthesized in the presence of capping ligands (benzyl alcohol) according to a modified solvothermal procedure reported in the literature. ${ }^{5 b}$ The as-prepared NPs are hydrophobic and readily dispersed in a variety of nonpolar organic solvents such as cyclohexane, forming a clear colloidal solution (Figure 1a). Transmission


Figure 1. (a) Photograph showing the transparency of as-prepared $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}(\mathrm{Ln}=\mathrm{Eu}, \mathrm{Tb})$ NPs dispersed in cyclohexane solution. (b) TEM and (c) HRTEM images. (d) Histogram of size distribution. (e) XRD pattern for as-prepared $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs.
electron microscopy (TEM) shows that the as-prepared NPs are roughly spherical with an average diameter of $4.1 \pm 0.7 \mathrm{~nm}$ (Figure lb,d). The corresponding high-resolution (HRTEM) image clearly demonstrates the high crystallinity of NPs (Figure $1 \mathrm{c})$. Lattice fringes are very clear with an observed $d$-spacing of 0.297 nm , which is consistent with the lattice spacing for the (101) plane of tetragonal phase $\mathrm{ZrO}_{2}$ (JCPDS no. 81-1545). The very small crystalline size of $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs was corroborated by the broad powder X-ray diffraction (XRD) peaks that are well indexed in accordance with the standard pattern of tetragonal-phase $\mathrm{ZrO}_{2}$ (Figure S1, Supporting Information), indicating the formation of highly crystalline $\mathrm{ZrO}_{2}$ NPs (Figure 1e). Compositional analyses by energydispersive X - ray spectroscopy reveal the existence of $\mathrm{Zr}, \mathrm{O}$, and the doped $\mathrm{Ln}^{3+}$ ions for all $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs (Figure S2, Supporting Information).

To render these hydrophobic $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs biocompatible, surface modification with a hydrophilic ligand was carried out through a ligand exchange procedure. ${ }^{9}$ 2-Aminoethyl dihydrogen phosphate (AEP) with free amine and phosphate groups was utilized to replace the native hydrophobic ligands on the surface of NPs. ${ }^{10}$ The successful capping of AEP on the
surface of $\mathrm{ZrO}_{2} \mathrm{NPs}$ was well established by Fourier transform infrared (FT-IR) spectrum and thermogravimetric analysis for NPs before and after ligand exchange (Figures S3 and S4, Supporting Information). As a result of surface modification, these AEP-capped NPs show much better water solubility due to the free amine groups on the NP surfaces (Figure S5, Supporting Information) and can be steadily dispersed in distilled water in the concentration range $0-0.5 \mathrm{mg} / \mathrm{mL}$, forming a clear colloidal solution (Figure 2a,b). The $\zeta$-potential


Figure 2. PL photographs for AEP-capped (a) $\mathrm{ZrO}_{2}-\mathrm{Eu}^{3+}(10 \mathrm{~mol} \%)$ and (b) $\mathrm{ZrO}_{2}-\mathrm{Tb}^{3+}(10 \mathrm{~mol} \%)$ NPs dispersed in aqueous solutions. All photographs were taken with an exposure time of 2 s upon laser excitation. (c) PL excitation (left) and PL emission (right) spectra for $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs when indirectly excited at 280 nm (solid line) and directly excited at 395 nm for $\mathrm{Eu}^{3+}$ and at 380 nm for $\mathrm{Tb}^{3+}$ (dotted line). (d) PL decays of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ by monitoring their emissions at 607 and 547 nm , respectively, upon UV excitation at room temperature. (e) Steady-state and time-resolved (delay time $=100$ $\mu \mathrm{s}$, gate time $=1 \mathrm{~ms}$ ) PL spectra for an aqueous solution containing 2 mM AEP-capped $\mathrm{ZrO}_{2}-\mathrm{Tb}^{3+} \mathrm{NPs}$ and 0.1 mM FITC.
for NP colloidal solution ( pH 6.9 ) is +40.6 mV (Figure S6, Supporting Information), indicating the positively charged amine groups on the surface of NPs. By means of a standard Fmoc quantification protocol, ${ }^{2 c, 11}$ the amount of amine group on the surfaces of NPs was estimated to be $3.58 \times 10^{-5} \mathrm{~mol} / \mathrm{g}$, and the number of AEP conjugated to each NP was calculated to be $\sim 9$ (Figure S5, Supporting Information).

More importantly, these amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs were found to luminesce efficiently via host sensitization. Upon indirect excitation with a $280-\mathrm{nm}$ UV laser (power density of $\sim 15 \mathrm{~mW} / \mathrm{cm}^{2}$ ), intense red and green emissions of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ ions were observed with the naked eye (Figure $2 \mathrm{a}, \mathrm{b})$. The corresponding PL excitation and emission spectra for NPs doped with $\mathrm{Tb}^{3+}$ or $\mathrm{Eu}^{3+}(10 \mathrm{~mol} \%$, the optimized doping concentration of $\mathrm{Ln}^{3+}$ ) were measured at room temperature ( RT ) and are shown in Figure 2c. When the typical emissions of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ at $607 \mathrm{~nm}\left({ }^{5} \mathrm{D}_{0} \rightarrow{ }^{7} \mathrm{~F}_{2}\right)$ and $547 \mathrm{~nm}\left({ }^{5} \mathrm{D}_{4} \rightarrow{ }^{7} \mathrm{~F}_{5}\right)$, respectively, were monitored, both the PL excitation spectra are dominated by an intense broad excitation band centered at 280 nm (Figure 2c, left), which is ascribed to the host absorption ${ }^{5 b}$ and consistent with the bandgap energy ( $\sim 288 \mathrm{~nm}$ ) determined from the UV-vis
absorption spectrum for pure $\mathrm{ZrO}_{2}$ NPs (Figure S7, Supporting Information), suggesting that the $\mathrm{Ln}^{3+}$ emissions can be realized through an energy transfer from the host to the emitters. In sharp contrast, much weaker excitation lines originating from the ${ }^{7} \mathrm{~F}_{0} \rightarrow{ }^{5} \mathrm{~L}_{6},{ }^{5} \mathrm{D}_{2}$ (395 and 465 nm ) transitions of $\mathrm{Eu}^{3+}$ and ${ }^{7} \mathrm{~F}_{6} \rightarrow{ }^{5} \mathrm{D}_{3},{ }^{5} \mathrm{D}_{4}$ (380 and 487 nm ) transitions of $\mathrm{Tb}^{3+}$ ions were detected, indicating that host sensitization is much more efficient than direct excitation of $\mathrm{Ln}^{3+}$, as further confirmed by the much stronger host-sensitized PL of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ than those upon direct excitation of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ at 395 and 380 nm , respectively (Figure 2c and Figure S8, Supporting Information). In this energy transfer process, the excitation energy was first absorbed by the bandgap of $\mathrm{ZrO}_{2}$ and then transferred via the $\mathrm{ZrO}_{2}$ lattice to the emitters, where the excitation energy was released as the visible emissions of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ (Figure 2c, right), respectively. These visible emissions were explicitly assigned to the typical transitions of ${ }^{5} \mathrm{D}_{0} \rightarrow{ }^{7} \mathrm{~F}_{0-4}$ and ${ }^{5} \mathrm{D}_{4} \rightarrow{ }^{7} \mathrm{~F}_{3-6}$ for $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$, respectively. No significant change in the PL intensities for these NPs was observed after continuous UV irradiation for 12 h (radiation density of $\sim 0.2 \mathrm{~W} / \mathrm{cm}^{2}$ ), indicative of superior photostability of NPs (Figure S9, Supporting Information). The absolute quantum yield (QY), defined as the ratio of the number of emitted photons to the number of absorbed photons, was determined to be $32.8 \%$ and $5.2 \%$ for AEP-capped $\mathrm{ZrO}_{2}-\mathrm{Eu}^{3+}$ and $\mathrm{ZrO}_{2}-\mathrm{Tb}^{3+}$ NPs, respectively, which is much higher than that under direct excitation at 395 nm for $\mathrm{Eu}^{3+}(9.8 \%)$ and at 380 nm for $\mathrm{Tb}^{3+}(1.1 \%)$. The lower QY for $\mathrm{Tb}^{3+}$-doped NPs is very likely due to the larger energy mismatch between the bandgap of $\mathrm{ZrO}_{2}$ and the excited state of $\mathrm{Tb}^{3+}$ as well as the high-energy vibrations of capped AEP.

The PL lifetimes for these NPs were measured by monitoring the emissions of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ at 607 and 547 nm , respectively. As shown in Figure 2d, the PL decays of $\mathrm{Eu}^{3+}$ and $\mathrm{Tb}^{3+}$ at RT deviate slightly from single-exponential function, which is mainly due to the superposition of decays from various sites of $\mathrm{Ln}^{3+}$, for example, near-surface and lattice sites in $\mathrm{ZrO}_{2}$ NPs. By fitting with a double-exponential function, the PL lifetimes were determined to be $0.40(24 \%)$ and $1.02 \mathrm{~ms}(76 \%)$ for $\mathrm{Eu}^{3+}$, and $0.64(22 \%)$ and $1.82 \mathrm{~ms}(78 \%)$ for $\mathrm{Tb}^{3+}$ at RT, respectively (Figure 2d). Table 1 compares the optical performance of some

Table 1. Optical Properties of Typical $\mathrm{Tb}^{3+}$-Based TimeResolved Luminescent Bioprobes in Aqueous Solutions

| bioprobe | lifetime (ms) | Stokes shift $(\mathrm{nm})$ | ref |
| :--- | :---: | :---: | :--- |
| $\mathrm{ZrO}_{2}-\mathrm{Tb}$ | $0.64,1.82$ | 267 | this work |
| $\mathrm{Gd}_{2} \mathrm{O}_{3}-\mathrm{Tb}$ | 1.40 | 190 | 12 a |
| $\mathrm{NaYF}_{4}-\mathrm{Ce} / \mathrm{Tb}$ | 4.76 | 252 | 6 b |
| $\mathrm{LaF}_{3}-\mathrm{Tb}$ | 3.20 | 57 | 12 b |
| $\mathrm{~Tb}^{2}$ chelate | $\sim 1.6$ | 225 | 12 c |
| Tb-DOTA-cs124 | 1.54 | 209 | 12 d |
| Tb-chelate | 1.48 | 237 | 12 e |
| Tb-BPTA | $\sim 2.0$ | 220 | 12 f |
| Tb-chelate | 0.69 | 224 | 12 g |

typical $\mathrm{Tb}^{3+}$-based time-resolved luminescent bioprobes including commercially available Tb-chelates. ${ }^{6 \mathrm{~b}, 12}$ As shown in Table $1, \mathrm{ZrO}_{2}-\mathrm{Tb}^{3+}$ exhibits the largest Stokes shift with a value up to 267 nm , and its PL lifetimes of 0.64 and 1.82 ms are comparable to those of other $\mathrm{Tb}^{3+}$-based time-resolved luminescent bioprobes. In comparison with short-lived autofluorescence of biological tissues and cells (usually in the
nanosecond range), such long-lived PL of $\mathrm{Ln}^{3+}$ in $\mathrm{ZrO}_{2}$ NPs can be readily distinguished from the undesired background fluorescence by means of TR detection. The validity of such TR detection was verified in Figure 2e, where fluorescein isothiocyanate (FITC) was intentionally selected as an artificial source of short-lived background fluorescence ( $\sim 2 \mathrm{~ns}$ ).

The application of AEP-capped $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs as TR-FRET bioprobes was further explored in an avidin-biotin model system. FITC and $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs were selected as acceptor and donor labels, respectively, because the broad excitation peak ( 490 nm ) of FITC overlaps well with the ${ }^{5} \mathrm{D}_{4} \rightarrow{ }^{7} \mathrm{~F}_{6}$ emission of $\mathrm{Tb}^{3+}$ at 492 nm (Figure S10, Supporting Information). Prior to the homogeneous TR-FRET assay, the covalent coupling of biotin with NPs was first carried out in $\mathrm{N}, \mathrm{N}$-dimethylformamide (DMF) solution by using o-benzotriazole- $N, N, N^{\prime}, N^{\prime}$ tetramethyluronium hexafluorophosphate (HBTU) and $N, N-$ diisopropylethylamine (DIEA) as cross-linking reagents, which activated the carboxylic group of biotin and led to the formation of amide bonds between biotin and NPs (Scheme 1). Note that this bioconjugate method has never been

Scheme 1. Schematic Illustration of Biotinylation of AEPCapped $\mathrm{ZrO}_{2} \mathrm{NPs}^{a}$

${ }^{a}$ The covalent coupling of biotin with NPs can be achieved in DMF solution by use of HBTU and DIEA as coupling reagents.
explored in $\mathrm{Ln}^{3+}$ ion-doped inorganic NPs before. The FT-IR spectrum of biotinylated NPs displays a new peak at $1680 \mathrm{~cm}^{-1}$, which is ascribed to the stretching vibration of amide bonds (Figure S11, Supporting Information). Accordingly, the $\zeta$ potential for NP colloidal solution ( pH 6.9 ) changed markedly from +40.6 to +24.2 mV after biotinylation (Figure S6, Supporting Information), as a result of the reduced amine groups and the formation of amide bonds. By using an avidin/ HABA reagent, ${ }^{13}$ the amount of biotin attached to the NPs was determined to be $\sim 1.62 \times 10^{-5} \mathrm{~mol} / \mathrm{g}$, and the number of biotin per NP was calculated to be $\sim 3.9$ (Figure S12, Supporting Information).

The principle for homogeneous TR-FRET assay is schematically illustrated in Figure 3a. Briefly, after addition of $100 \mu \mathrm{~L}$ of biotinylated NPs ( $50 \mu \mathrm{~g} / \mathrm{mL}$ ) to the wells of a 96 -well microplate, different amounts of FITC-labeled avidin were added to each well and then the plate was incubated at $37^{\circ} \mathrm{C}$ for 30 min , during which the biotinylated NPs were conjugated with avidin via a sensitive and specific interaction between avidin and biotin. The microplate was subjected to TR-FRET measurements on a microplate reader ( BioTeK ). The concentration of avidin can be quantified by measuring the integrated PL intensity ratio of FITC and $\mathrm{Tb}^{3+}$ denoted by $\mathrm{FITC}_{520} / \mathrm{Tb}_{492}$, a figure of merit derived from the deconvolution of the TR-FRET spectrum (Figure S13, Supporting Information). As shown in Figure 3b, the TR-FRET signal represented by FITC $_{520}$ was gradually enhanced at the expense of $\mathrm{Tb}_{492}$ with increasing amount of FITC-labeled avidin, thus verifying the specific binding and FRET occurrence. For comparison, nonbinding control experiments were performed by employing the AEP-capped NPs instead of the biotinylated


Figure 3. (a) Schematic illustration showing the principle of TR-FRET detection of avidin by employing biotinylated $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs as donor and FITC-labeled avidin as acceptor. VB and CB denote as the valence and conduction bands, respectively. (b) TR-FRET spectra of the bioassays as a function of avidin concentration. All the spectra were normalized to unity at the maximum emission peak at 547 nm , and each data point represents average of triplicate measurements. (c) Calibration curve of TR-FRET detection for the integrated PL intensity ratio FITC $520 / \mathrm{Tb}_{492}$ versus the concentration of avidin.

NPs as bioprobes under otherwise identical conditions. The calibration curve (Figure 3c) demonstrates that the TR-FRET signal of $\mathrm{FITC}_{520} / \mathrm{Tb}_{492}$ gradually increases with avidin concentration ranging from 0.75 to 1140 nM and tends to saturate at higher concentration than 1000 nM . Nonbiotinylated NPs and FITC were far apart in the solution and thus no FRET occurred in the control experiments (Figure S14, Supporting Information). As a result, the TR-FRET signals were hardly observed in the control experiments. The limit of detection (LOD), defined as the concentration that corresponds to 3 times the standard deviation above the signal measured in the control experiment, is 3.0 nM , which is presently the lowest relative to fluoride-based TR-FRET bioprobes previously reported (Table 2). ${ }^{6}$ The improvement

Table 2. Limit of Detection for Biomolecules Based on Some Typical FRET Bioprobes

| bioprobe | size $(\mathrm{nm})$ | assay type | analyte | LOD <br> $(\mathrm{nM})$ | ref |
| :--- | :--- | :--- | :--- | :---: | :--- |
| $\mathrm{ZrO}_{2}-\mathrm{Tb}$ | $<5$ | TR-FRET | avidin | 3 | this work |
| $\mathrm{NaYF}_{4}-\mathrm{Ce}, \mathrm{Tb}$ | $20-40$ | TR-FRET | avidin | 4.8 | 6 b |
| $\mathrm{KGdF}_{4}-\mathrm{Tb}$ | $20-30$ | TR-FRET | avidin | 5.5 | 6 a |
| $\mathrm{NaYF}_{4}-\mathrm{Yb}, \mathrm{Er}$ | $\sim 50$ | UC-FRET | avidin | $\sim 0.5$ | 14 a |
| $\mathrm{CdSe} / \mathrm{ZnS}$ | $10-15$ | FRET | avidin | 10 | 14 b |
| $\quad \mathrm{QDs}$ |  |  |  | $\sim 6$ | 14 c |
| $\mathrm{NaYF}_{4}-\mathrm{Yb}, \mathrm{Er}$ | $20-90$ | UC-FRET | IgG | $\sim 6$ | 1 e |
| $\mathrm{NaYF}_{4}-\mathrm{Yb}, \mathrm{Er}$ | 14 | UC-FRET | DNA | $\sim 10$ | 14 d |
| $\mathrm{LaF}_{3}-\mathrm{Ce}, \mathrm{Tb}$ | $15-20$ | FRET | glucose | $\sim 0.5$ | 14 |

of LOD may be attributed to the much smaller size ( $\sim 5 \mathrm{~nm}$ ) of $\mathrm{ZrO}_{2}$ NPs that is more advantageous in distance-dependent FRET biodetection than the larger fluoride NPs. Table 2 also compares the LOD for various biomolecules achieved by using some other FRET bioprobes. The LOD of avidin achieved by using sub- $5 \mathrm{~nm} \mathrm{ZrO}_{2}-\mathrm{Tb}^{3+}$ NPs is comparable to those based on the upconversion (UC) FRET or steady-state competitive

FRET assay that utilized $\mathrm{NaYF}_{4}-\mathrm{Yb} / \mathrm{Er} \mathrm{NPs}$ (or quantum dots, QDs) as bioprobes to detect biomolecules such as avidin, DNA, IgG, and glucose with LOD of $0.5-10 \mathrm{nM} .{ }^{1 e, 14}$ Note that the LOD for other types of assays such as competitive and noncompetitive (or sandwich-type) heterogeneous assay could be as low as several to tens of picomoles per liter, ${ }^{15}$ which is much lower than those for homogeneous assays like TR-FRET and UC-FRET (Table 2). However, one should keep in mind that the heterogeneous assay is labor-intensive and timeconsuming due to the tedious separation and washing steps before signal measurement, which is inconvenient for fast biodetection in some practical applications. ${ }^{15 a}$

Another important application for these sub- $5 \mathrm{~nm} \mathrm{ZrO}_{2} \mathrm{NPs}$ is targeted cancer cell imaging. To achieve successful cellular imaging targeted at uPAR, the amino-terminal fragment (ATF) of urokinase plasminogen activator, which has high binding affinity $\left(K_{\mathrm{d}} \approx 0.28 \mathrm{nM}\right)^{16}$ and specific interaction with uPAR highly expressed on the membrane of many types of cancer cells such as human lung cancer cell (H1299), was covalently linked to the surface of amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs by using the same biological coupling reagents for NP biotinylation. The amount of ATF linked to the surface of NPs was roughly estimated to be $2.19 \times 10^{-6} \mathrm{~mol} / \mathrm{g}(\sim 0.53$ ATF molecule/NP) by use of the commercial bicinchoninic acid (BCA) protein assay kit and bovine serum albumin (BSA) as a reference (Figure S15, Supporting Information). The specific recognition capability of ATF-coupled NPs was then examined by means of confocal laser scanning microscopy (CLSM). Due to the high binding affinity between ATF and uPAR, the ATF-coupled NPs can be specifically targeted to the membrane of H1299 cells after incubation in phosphatebuffered saline (PBS) at $37^{\circ} \mathrm{C}$ for 2 h (Scheme 2). As a result,

Scheme 2. Schematic Illustration Showing the Specific Recognition of $\mathrm{ZrO}_{2}:$ Tb-ATF NPs to H 1299 Cancer Cells with uPAR High Expression

intense $\mathrm{Tb}^{3+}$ green signal (green channel) was observed on the surface of H1299 cells upon 488 -nm laser excitation (Figure 4a). Meanwhile, we also measured the bright-field images as well as blue-channel images showing the location of the $4^{\prime}, 6$ -diamidino-2-phenylindole (DAPI) stained cell nuclei of H1299 cells. The overlay of the green-channel, blue-channel, and bright-field images (Figure 4a) shows unambiguously that the intense $\mathrm{Tb}^{3+}$ signals originated from ATF-coupled NPs bound to the membrane of H1299 cells. For comparison, the control experiment of CLSM imaging was carried out on human embryo lung fibroblasts (HELF) cells with uPAR low-expressed under identical imaging conditions. As shown in Figure 4b, the $\mathrm{Tb}^{3+}$ green signals were hardly observed on the surface of HELF cells due to the lack of specific recognition between the ATF-coupled NPs and HELF cells. These results clearly demonstrate that ATF-coupled NPs can be used as a feasible


Figure 4. CLSM images of (a) H 1299 and (b) HELF cells after incubation with $\mathrm{ZrO}_{2}-\mathrm{Tb}-\mathrm{ATF} \mathrm{NPs}(1 \mathrm{mg} / \mathrm{mL})$ for 2 h at $37{ }^{\circ} \mathrm{C}$. Tb green emissions are shown in panel $1\left(\lambda_{\mathrm{em}}=500-560 \mathrm{~nm}, \lambda_{\mathrm{ex}}=488 \mathrm{~nm}\right)$. DAPI blue images $\left(\lambda_{\mathrm{em}}=450-490 \mathrm{~nm}, \lambda_{\mathrm{ex}}=405 \mathrm{~nm}\right)$ that indicate the nuclear regions are shown in panel 2 . Panel 3 is the bright-field image that outlines the position of cells, and panel 4 is the overlay image of panels 1 , 2 , and 3 (scale bar $=30 \mu \mathrm{~m}$ ).
bioprobe for targeted imaging of cancer cells with uPAR overexpressed, which had not been revealed before.

One key issue for practical bioapplications is the dark cytotoxicity and phototoxicity of NPs when applied in targeted bioimaging. The dark cytotoxicity and phototoxicity for the ATF-coupled $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs were determined on the HELF cells by using a cell counting kit (CCK-8) assay. ${ }^{17}$ As shown in Figure 5, the cell viability was determined to be larger than $91 \%$


Figure 5. In vitro dark cytotoxicity and phototoxicity of ATF-coupled $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs against HELF cells after 4 h incubation.
even at a concentration as high as $540 \mu \mathrm{~g} / \mathrm{mL}$ ATF-coupled NPs both in the dark and upon a 488 -nm laser irradiation for 2 min . Such low dark cytotoxicity and phototoxicity infer that the oxide NP probe is biocompatible and nearly nontoxic to live cells.

## ■ CONCLUSIONS

In summary, we have developed a new inorganic oxide biolabel based on amine-functionalized tetragonal $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+} \mathrm{NPs}$ with small size (ca. 5.0 nm ) via a modified solvothermal method and
ligand exchange procedure. A new bioconjugate method was also proposed to achieve quantitative bioconjugation between amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+} \mathrm{NPs}$ and various biomolecules including biotin and ATF. Intense visible emissions from $\mathrm{Ln}^{3+}$ ions can be achieved in $\mathrm{ZrO}_{2}$ NPs through host sensitization. By utilizing the distinct optical properties and long-lived luminescence of $\mathrm{Ln}^{3+}$, we have demonstrated for the first time the application of biotinylated $\mathrm{ZrO}_{2} \mathrm{NPs}$ as a sensitive TR-FRET bioprobe to detect avidin with a record-low detection limit of 3.0 nM . Furthermore, $\mathrm{ZrO}_{2}-\mathrm{Tb} \mathrm{NPs}$ bioconjugated with ATF of uPA exhibited specific recognition capability for cancer cells overexpressed with uPAR, a marker of tumor biology and metastasis, and thus have great potential as an imaging probe for targeting various cancer cells. These findings may open up new avenues for the exploration of $\mathrm{Ln}^{3+}$ doped oxide-based NPs in versatile bioapplications like TR biodetection and bioimaging. The proposed approaches could be further extended to other new luminescent bioprobes based on $\mathrm{Ln}^{3+}$-doped inorganic oxide NPs that remain nearly untouched.

## EXPERIMENTAL DETAILS

Chemicals and Materials. Zirconium(IV) propoxide propanol, benzyl alcohol, acetone, $N, N$-dimethylformamide (DMF), and ethanol were purchased from Sinopharm Chemical Reagent Co., China. Fluorescein isothiocyanate (FITC), o-benzotriazole- $N, N, N^{\prime}, N^{\prime}$-tetramethyluronium hexafluorophosphate (HBTU), $N, N$-diisopropylethylamine (DIEA), 4'-hydroxyazobenzene-2-carboxylic acid (HABA), nitrosyl tetrafluoroborate $\left(\mathrm{NOBF}_{4}\right), 44^{\prime}, 6$-diamidino-2-phenylindole (DAPI), avidin, and biotin were purchased from Sigma-Aldrich (China). 2-Aminoethyl dihydrogen phosphate (AEP) was purchased from TCI (Shanghai) Development Co., Ltd. Amino-terminal fragment (ATF) of urokinase plasminogen activator (uPA) (residues $1-143$ of uPA) was expressed in yeast cell (Pichia pastoris) to ensure proper protein folding and purified following the procedure previously described. ${ }^{18}$ The opaque 96 -well microtitration microplate (Costar 3922) was purchased from Corning Inc. All chemical reagents were of analytical grade and were used as received without further purification.

Synthesis of $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs. Monodisperse $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+} \mathrm{NPs}$ ( $\mathrm{Ln}=\mathrm{Eu}, \mathrm{Tb}$ ) were synthesized according to a modified solvothermal procedure reported in the literature. ${ }^{5 \mathrm{~b}}$ Briefly, 0.6 mmol of
$\mathrm{Eu}\left(\mathrm{CH}_{3} \mathrm{COO}\right)_{3} \cdot 6 \mathrm{H}_{2} \mathrm{O}$ or 0.6 mmol of $\mathrm{Tb}\left(\mathrm{CH}_{3} \mathrm{COO}\right)_{3} \cdot 6 \mathrm{H}_{2} \mathrm{O}$ was dissolved and well stirred in a mixed solution containing 20 mL of benzyl alcohol and 1.6 mL of zirconium(IV) propoxide propanol (70 wt \%) to form a transparent solution. Thereafter, the transparent solution was transferred into a $50-\mathrm{mL}$ Teflon-lined autoclave and heated at $230{ }^{\circ} \mathrm{C}$ for 72 h . After the solution cooled to RT naturally, the resulting $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs were precipitated by addition of ethanol, collected by centrifugation at 12000 rpm for 3 min , washed with ethanol several times, and finally redispersed in cyclohexane. The overall yield of the final product was estimated to be $\sim 81 \%$ based on the starting materials.

Synthesis of Amine-Functionalized $\mathrm{ZrO}_{2}-\mathbf{L n}^{\mathbf{3 +}}$ NPs. The surface amine functionalization of the as-prepared $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs was carried out by using a modified ligand exchange strategy. ${ }^{9}$ In a typical process, 20 mL of cyclohexane solution containing 20 mg of NPs was mixed with 15 mL of dichloromethane solution of $\mathrm{NOBF}_{4}$ $(0.005 \mathrm{M})$ at RT and vigorously stirred for 10 min to yield white precipitates, which were collected by centrifugation at 12000 rpm for 4 min , and redispersed in 20 mL of DMF to form a transparent solution. Subsequently, 0.1 mmol AEP was added to the above transparent solution. After the solution was stirred for 60 min at RT, amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs were obtained by adding 20 mL of acetone, centrifuging, and washing with DMF and water several times to remove the excess AEP. The final products were dispersed in water and stored at $4{ }^{\circ} \mathrm{C}$ for the following use.
Synthesis of Biotinylated $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs. Different from the most common EDC/NHS protocol performed in biological buffers within the pH range $4.5-7.5,{ }^{6 \mathrm{a}, 14 \mathrm{a}}$ the successful bioconjugation of amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs with biotin was easily achieved in DMF solution by utilizing HBTU and DIEA as coupling reagents. Note that the following protocol had never been explored in $\mathrm{Ln}^{3+}$ doped inorganic NPs before this work. In a typical procedure, 20 mg of biotin and 37 mg of HBTU were first added into a solution of 0.9 mL of DMF and 0.1 mL of DIEA. The mixture was incubated at RT for 6 h to activate the carboxylic group of biotin. Thereafter, 20 mg of amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs was dissolved in the above solution and sonicated for 5 min . The coupling reaction between carboxylic group of biotin and amine group of NPs was allowed to proceed at $4{ }^{\circ} \mathrm{C}$ overnight with continuous shaking. Biotinylated $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs were obtained by centrifugation and washing with DMF and distilled water several times to remove the excess biotin, HBTU, and DIEA. Finally, biotinylated NPs were dispersed in water and stored at $4{ }^{\circ} \mathrm{C}$ for TR-FRET biodetection.

Quantitative Analysis of Amine Groups on the Surface of AEP-Capped $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs. The amount of amine groups bound to the surface of $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs was estimated by using Fmoc protection and a standard Fmoc quantification protocol. ${ }^{2 \mathrm{c}, 11}$ Briefly, 25 mg of FmocCl was added to 3 mL of anhydrous DMF solution containing 20 mg of AEP-capped $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs. The above mixture was stirred overnight under $\mathrm{N}_{2}$ at RT and then centrifuged at 12000 rpm for 4 min to separate AEP-capped $\mathrm{ZrO}_{2}$ NPs with complete Fmoc protection of their amine groups. The resulting Fmoc-protected products were then thoroughly washed several times with methanol and dried in vacuum overnight. The Fmoc-protected $\mathrm{ZrO}_{2}$ NPs were precisely weighed in an Eppendorf tube and resuspended in 2.5 mL of DMF. Subsequently, 1 mL of piperidine was added to the above solution for Fmoc cleavage. The cleavage mixture containing the NPs was sonicated for over 20 min . After centrifugation at 13200 rpm for 10 min , the amine groups bound to the surface of $\mathrm{ZrO}_{2}$ NPs can be quantified by means of the standard Fmoc quantification protocol based on the measurement of UV absorbance of the supernatant Fmoc solution at 300 nm , at which wavelength the extinction coefficient of Fmoc is $7800 \mathrm{~mol}^{-1} \cdot \mathrm{dm}^{3} \cdot \mathrm{~cm}^{-1}$.

Quantitative Analysis of Biotin in Biotinylated $\mathrm{ZrO}_{2}-\mathbf{L n}^{3+}$ NPs. The amount of biotin conjugated to the surface of AEP-capped $\mathrm{ZrO}_{2}$ NPs can be determined by using the avidin/4'-hydroxyazo-benzene-2-carboxylic acid (HABA) reagent. ${ }^{13}$ The HABA dye can be bound to avidin to produce a yellow-orange colored complex that absorbs at 500 nm . When biotinylated sample is mixed with the HABA-avidin complex solution, biotin will displace the HABA dye
and cause the absorbance to decrease. In our experiment, the HABA solution was prepared by adding HABA ( 24.2 mg ) into deionized water ( 10 mL ), followed by the addition of 0.2 mL of $\mathrm{NaOH}(1 \mathrm{M})$. The undissolved HABA particulates were removed by filtration. The avidin-HABA complex solution was prepared by dissolving avidin (5 mg ) in 50 mL of PBS, followed by the addition of 0.3 mL of HABA solution. One milligram of biotinylated $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs for avidin/ HABA assay was dissolved in 0.033 mL of PBS $(50 \mathrm{mM}, \mathrm{pH} 7.1)$ and mixed with 0.3 mL of avidin-HABA solution. The amount of biotin in biotinylated $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs can be determined by a calibration curve generated by adding a known amount of biotin in the avidin/HABA solution sequentially, followed by recording the absorbance at 500 nm .

Bioconjugation of Amine-Functionalized $\mathrm{ZrO}_{2}-\mathbf{L n}^{3+}$ NPs with ATF. The bioconjugation of amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs with ATF is similar to the biotinlyation of $\mathrm{ZrO}_{2}$ NPs. Briefly, 10 mg of ATF and 10 mg of HBTU were first dissolved in a solution of 0.9 mL of DMF and 0.1 mL of DIEA. After the activation of ATF at RT for $30 \mathrm{~min}, 20 \mathrm{mg}$ of amine-functionalized $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs was added to the above solution and sonicated for 5 min . The mixture solution was then allowed to shake gently overnight at $4^{\circ} \mathrm{C}$. Finally, the ATF-coupled $\mathrm{ZrO}_{2}$ NPs were obtained by centrifugation and washing with DMF and distilled water several times. The resulting ATF-coupled $\mathrm{ZrO}_{2}$ NPs were dispersed in water and stored at $4{ }^{\circ} \mathrm{C}$ for targeted cancer cell imaging.

Quantitative Analysis of ATF on the Surface of $\mathrm{ZrO}_{2}-\mathbf{L n}^{3+}$ NPs. The amount of ATF coupled to $\mathrm{ZrO}_{2}$ NPs can be approximately quantified on the basis of a standard BCA protein assay protocol. ${ }^{19}$ The micro BCA protein assay reagent kit was ordered from SigmaAldrich. A standard curve was prepared as described in the protocol. The ATF content on the surface of ATF-coupled $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs was determined from the standard curve with BSA as a reference.

Synthesis of FITC-Labeled Avidin. The avidin protein was labeled with FITC via a well-established protocol previously summarized by Hermanson. ${ }^{20}$ In brief, 10 mg of avidin was dissolved in 5 mL of sodium carbonate buffer ( $0.1 \mathrm{M}, \mathrm{pH} 9.5$ ). Meanwhile, 2 mg of FITC was dissolved in 1 mL of DMF. Then the two solutions were mixed and reacted overnight at $4{ }^{\circ} \mathrm{C}$ in the dark. The excess FITC was removed via extensive dialysis for 48 h using a membrane of molecular weight cutoff of 10000 . FITC quantification was performed by detection with UV absorption of the solution at $\lambda=494 \mathrm{~nm}$. The extinction coefficient at this wavelength for FITC is $70000 \mathrm{M}^{-1} \cdot \mathrm{~cm}^{-1}$. The number of FITC per avidin molecule was approximately determined to be 2.3.

Homogeneous TR-FRET Detection of Avidin Based on Biotinylated $\mathrm{ZrO}_{2}-\mathrm{Tb}^{3+}$ NPs. Biotinylated $\mathrm{ZrO}_{2}-\mathrm{Tb}^{3+}$ solution $(100 \mu \mathrm{~L}, 50 \mu \mathrm{~g} / \mathrm{mL})$ was added to the wells of a 96-well microplate, and then $100 \mu \mathrm{~L}$ of FITC-labeled avidin with different concentrations was added. After incubation for 30 min at RT, the plate was subjected to TR-FRET detection on a multimodal microplate reader (Synergy 4, BioTeK) at RT. The excitation wavelength was 280 nm , and the delay time and gate time were set to be $100 \mu$ s and 10 ms , respectively. For comparison, control experiments were performed by employing nonbiotinylated NP counterparts as bioprobes under otherwise identical conditions. Every measurement was repeated three times to give the average values.

Cell Culture and Confocal Laser Scanning Microscopy in Vitro. H1299 and HELF cell lines were purchased from Shanghai Institute of Cell Biology, Chinese Academy of Sciences, and were routinely maintained in RPMI-1640 mediym (Gibco BRL), supplemented with $10 \%(\mathrm{v} / \mathrm{v})$ heat-inactivated fetal calf serum, penicillin ( 100 units $\cdot \mathrm{mL}^{-1}$ ), and streptomycin ( 100 units $\cdot \mathrm{mL}^{-1}$ ) at $37^{\circ} \mathrm{C}$ under humidified air containing $5 \% \mathrm{CO}_{2}$. Cells were seeded into culture plates and allowed to adhere for 24 h . After being washed with PBS, the cells were incubated in PBS buffer containing $0.5 \mathrm{mg} / \mathrm{mL}$ ATF-coupled $\mathrm{ZrO}_{2}-\mathrm{Tb}^{3+} \mathrm{NPs}$ at $37{ }^{\circ} \mathrm{C}$ for 2 h under $5 \% \mathrm{CO}_{2}$ and then washed with PBS sufficiently to remove excess NPs. The cells were subsequently incubated with DAPI at RT for 5 min and washed with PBS. The cell imaging was performed on a confocal laser scanning microscope equipped with an Olympus FV1000 scanning unit. Cells were excited by a $488-\mathrm{nm}$ laser with maximum output
power of $\sim 0.7 \mathrm{~mW}$, and the luminescence signals were detected in the green channel ( $500-560 \mathrm{~nm}$ ) and blue channel ( $450-490 \mathrm{~nm}$ ).

Dark Cytotoxicity and Phototoxicity of ATF-Coupled $\mathrm{ZrO}_{2}-$ Tb NPs. The dark cytotoxicity of ATF-coupled $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs was tested by using the CCK-8 assays on the HELF cells. In brief, HELF cells were seeded into a 96 -well cell culture plate at $2 \times 10^{4} /$ well and cultured at $37{ }^{\circ} \mathrm{C}$ under humidified air containing $5 \% \mathrm{CO}_{2}$ for 24 h before the addition of different concentrations of ATF-coupled $\mathrm{ZrO}_{2}-$ Tb NPs ( $0,10,30,90,270$, and $540 \mu \mathrm{~g} / \mathrm{mL}$, diluted in RPMI 1640) to the wells. The HELF cells were then incubated at $37{ }^{\circ} \mathrm{C}$ under $5 \%$ $\mathrm{CO}_{2}$ for 4 h . CCK- 8 was subsequently applied to the cells, followed by incubation at $37{ }^{\circ} \mathrm{C}$ under $5 \% \mathrm{CO}_{2}$ for 4 h . The $\mathrm{OD}_{450}$ value of each well was measured on a multimodal microplate reader (Synergy 4, BioTek). The following formula was applied to calculate the percent inhibition rate of cell growth: cell viability (\%) = (mean of absorbance value of treatment group/mean of absorbance value of control) $\times 100$. Almost the same protocol was utilized to determine the phototoxicity of ATF-coupled $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs, except that the HELF cells were irradiated by using a $488-\mathrm{nm}$ laser (power density of $\sim 20 \mathrm{~mW} / \mathrm{cm}^{2}$ ) for 2 min after incubation of the ATF-coupled $\mathrm{ZrO}_{2}-\mathrm{Tb}$ NPs with HELF cells for 4 h .

Characterization. XRD patterns of the samples were collected on an X-ray diffractometer (MiniFlex2, Rigaku) with $\mathrm{Cu} \mathrm{K} \alpha 1$ radiation ( $\lambda$ $=0.154187 \mathrm{~nm})$. Both the low- and high-resolution TEM measurements were performed on a JEOL-2010 TEM equipped with the energy-dispersive X-ray spectrum. Thermogravimetric analyses were conducted on a Netzsch STA449C thermal analysis system under $\mathrm{N}_{2}$ atmosphere flow at a rate of $10^{\circ} \mathrm{C} / \mathrm{min}$. FT-IR spectra were recorded in KBr discs on a Magna 750 FT-IR spectrometer. The $\zeta$-potential of AEP-capped or biotinylated $\mathrm{ZrO}_{2}$ NPs dispersed in distilled water ( pH 6.9) was determined by means of dynamic light scattering (DLS) measurement (Nano ZS ZEN3600, Malvern). PL emission and excitation spectra and PL lifetimes were recorded on a spectrometer equipped with both continuous ( 450 W ) xenon and pulsed flash lamps (FLS920, Edinburgh Instrument). The absolute quantum yield of $\mathrm{ZrO}_{2}-\mathrm{Ln}^{3+}$ NPs was measured at RT by employing a barium sulfatecoated integrating sphere (Edinburgh) as the sample chamber that was mounted on the FLS920 spectrometer, with the entry and output port of the sphere located in $90^{\circ}$ geometry from each other in the plane of the spectrometer. All the spectral data collected were corrected for the spectral response of both the spectrometer and the integrating sphere. PL photographs of the NP solutions were taken with Nikon digital single lens reflex D100 upon excitation by the third-harmonic generation (THG) of a mode-locked picosecond Ti:sapphire laser ( $\sim 1 \mathrm{~mW} @ 280 \mathrm{~nm}$, Tsunami, Spectra-Physics). The TR-FRET spectra were measured on a multimodal microplate reader (Synergy 4, BioTek). Confocal imaging of cells was performed with a modified Olympus FV1000 laser scanning confocal microscope $(60 \times$ oilimmersion objective len).

## ASSOCIATED CONTENT

## (5) Supporting Information

Fifteen figures as described in the text. This material is available free of charge via the Internet at http://pubs.acs.org.

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## Notes

The authors declare no competing financial interest.

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